

# Volunteer Abroad Nepal



+ Programs with complete culture immersion, Himalaya treks
+ Experienced staff and host families, and a variety of service projects
+ Nearly 500 happy volunteers in the last 5 years
+ Best Pricing and value: programs start at \$899

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## Volunteer in Nepal: Work for Orphans

Project: Work for Orphans Start dates: 1st and 3rd Monday of each month Departure and End Point: Tribhubhan Airport, Kathmandu Language Requirement: None Accommodation and meals: Host family and local food for three meals a day Working hours: 25-35 hours per week

#### About Nepal

The tiny Himalayan kingdom of Nepal is a panorama of unparalleled beauty and geographical diversity. Only in Nepal can adventure-seeking travelers raft through white waters of the valley's swift rivers, trek along snowy, mountainous trails, or ride through lush foliage on the backs of immense jungle elephants. Our Nepal Program offers volunteers a wide range of adventure while opening their hearts to the country's hospitable people.

In Nepal, we offer comprehensive volunteer programs which are comprised of three phases:

Phase I Language and Cultural Immersion Program (Two weeks - Optional) Phase II Volunteer Project (1-12 weeks) Phase III- Himalayan Treks (8-15 days)



#### Phase I: Language and Cultural Immersion Program (2 weeks) (optional)

Global Crossroad's Nepal volunteer experience starts with two weeks of language and cultural program in the vibrant city of Kathmandu. You may choose to take the Language and Cultural Immersion Program or go directly into a volunteer project. In the program, you will taste ethnic Nepali life, allowing you to adapt to the culture in a informed and relaxed way. Activities feature language and culture classes, informative lectures, inspiring visits to cultural and religious sites in Kathmandu, and exhilarating village hiking. The second week takes volunteers to a rural village for an authentic home stay experience - not found in the usual tourist guides. Finally, volunteers travel to Royal Chitwan National Park to take part in a memorable jungle safari, learn traditional dances, and further explore the mystery of Nepal—all at a remarkably low price.

Learn more about the program at: http://globalcrossroad.com/nepal/culturelanguage.php

#### Phase II: Work for Orphans (1-12 weeks)

Nepal is one of the poorest countries of the world. This beautiful mountain kingdom has been suffering from civil unrest since the last 10 years. Affected by extreme poverty, internal conflicts, social discrimination, and lack of opportunities hundreds of orphan children leave their villages and come to Kathmandu in search of work. Many of these orphans land up working as child laborers in restaurants and their life gets further exploited in cities.

Different individuals and social organizations have set up orphanages in Nepal to protect these kids by offer homely environment, education (up to 12 classes), and skill training opportunities. Presently, Global Crossroad has been collaborating with 20 different orphanages of Kathmandu and supporting them by making donations and sending volunteers. In collaboration with the local partner, Global Crossroad has also established an orphanage in Chitwan where 20 orphan children are offered with room, food, and education. We are also in a process of establishing one more girl orphanage in Kathmandu.

Most of the orphanages in Nepal are resource poor, under staffed, and are struggling to run their programs. There is urgent need of any kinds of help and support. There are many areas where volunteers can use their education, skill, and time making meaningful contributions in the life of orphan kids of Nepal. Helps are urgently needed in education, skill training, sanitation, and administration.

## Volunteer in Nepal: Work for Orphans

#### Role of Volunteer

Orphanages in Nepal run different educational and skill training programs for orphans. So depending on the need of project and skill/interest of participants, volunteers can get involved in any of following activities:

- Teach English (3-4 hours a day) in orphanage or school (when the kids go to schools during the day)
- Sanitation (helping kids in brushing teeth, shower, and personal hygiene)
- Organizing games, drawing, singing, dancing, and other creative education and extra curricular activities
- Taking kids on educational tours
- Helping kids to do homework, monitor academic progress, and make sure kids complete next day's homework
- Child care services for orphans who can not go to school
- Skill training opportunities for the children who cannot go school (because of over age)
- Help kids to dress up and reach safely to school
- Help in food distribution, kitchen, kitchen garden
- Help in other activities or programs designed for kids (If any)

### Phase III: Himalayan Treks and Adventure travels (Optional)

At the end or middle of the volunteer project, Global Crossroad organizes Himalayan trek programs. We have partnered with reputed travel agencies in Nepal to offer discounted tour packages for our volunteers only. Now, volunteers wanting to make a difference in Nepal can also take part in a variety of treks exploring these Himalayan regions of legend. This DISCOUNTED SPECIAL PRICE is only available for volunteers joining Global Crossroad Nepal volunteer program.

Everest Base Camp Trek (15 days) Annapurna Base Camp Trek (14 days) Cross Nepal: Kathmandu – Chitwan – Pokhara – Chitwan – Pokhara (8 days) Poon Hill Trek (9 days)

Check out the details of the treks at: http://www.globalcrossroad.com/trek/ everest\_trek\_nepal.php

#### Program Fee per Week

1 week : \$899 2 Week: \$999 3 week : \$1099 4 Week: \$1132 5 week : \$1165 6 Week: \$1198 7 week : \$1231 8 Week: \$1264 9 week : \$1297 10 Week: \$1330 11 week : \$1363 12 Week: \$1394

#### Fee Covers

Airport reception One way transfer to office/hostel One way transfer to the project Accommodation (host family/hostel) Food (local food 3 times a day) Travel Insurance Services of local field staff

#### Fee Does Not Cover

Airport drop-off Daily transportation (from accommodation to project) Bottled water, soft drinks Visa and visa extension fee Entry fee (of any kind of travel) Other personal expenses

- Language and Culture program: Only \$399
- Everest Base Camp Trek (15 days) only \$499
- Annapurna Base Camp Trek (14 days) only \$399
- Cross Nepal: Kathmandu Chitwan Pokhara –
- Chitwan Pokhara (8 days) only \$399
- Poon Hill Trek (9 days) Only \$349

You can find out more about this fee by visiting this website: http://www.globalcrossroad.com/ nepalprogramfee.php

\* This information is generic - it may change according to the situation in the field. Please visit our web site for updated information and prices: http://www.globalcrossroad.com/nepal